

Life Group notes on Psalm 40

Read Psalm 40

There are lots of things we can learn from this Psalm of David but we looked at three things and they all began with the letter W.

Waiting, what does it mean to wait on the Lord? Is it easy and what good does it do?

Will, how can I know the will of God? Is it something we do grudgingly or something that we enjoy and delight in?

Worship, this is or should be our response to doing God's will and waiting on the Lord.

Waiting

Waiting is a divine activity of expecting God to work, and he never disappoints!

Q1 What can we learn from this Psalm about what we should do during our times of waiting on the Lord, see verses 1 and 3 in particular?

The will of God

It can be during our times of waiting on the Lord that a battle rages between our will and the will of God.

Having a humble heart will help us during our times of waiting.

Q2 What does a humble heart look like?

Also trusting in the Lord helps during our times of waiting to do God's will in our lives, see verse 4.

Q3 Can you share with the group when trusting in the Lord has seen you through a difficult period in your life?

Hebrews 10: 5-10

In these verses the writer of Hebrews applies to Christ the words of verses 7-8 of Psalm 40.

Q4 What do these verses tell us about our Lord Jesus?

Worship

This is or should be our response to doing God's will and waiting on the Lord. This Psalm shows us 5 ways we can worship our Father God.

Q5 What are the 5 ways the Psalmist shows us how we can worship God? See verses 8, 9&10, 16, 3 and verses 6-8.

Doing God's will sometimes means waiting patiently. While we wait, we can love God, serve others and tell others about Him.

How are you going to put these into practice in the coming week?